

VCCL Results - Gary Mowat

Member number: 31

Races: 172; Wins: 2 (1.2%); Top Ten: 24 (14.0%)

Active from 1999 to 2009

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
22/04/2007	Fred Grubb Memorial Handicap	31	6.5	28:55	24	4:50		24:05	3:10	4:27
29/04/2007	Moran Stable Handicap	37	5	21:05	25	3:45		17:20	2:06	4:13
06/05/2007	Rendina Family Handicap	50	8	36:10	26	6:30		29:40	4:30	4:31
12/05/2007	Helmut & Maija Prentler Handicap	29	8	34:52	26	6:30		28:22	3:13	4:22
20/05/2007	Caruana Cross Country Classic	54	8	36:08	26	6:30		29:38	3:47	4:31
27/05/2007	Combined VCCL/GCCL Handicap	27	10	46:43	27	8:15		38:28	5:25	4:40
03/06/2007	VCCL Bob Charlton Handicap	30	6.5	27:51	28	5:35		22:16	1:56	4:17
09/06/2007	Boutique FPS Handicap	39	5	21:04	28	4:15		16:49	1:38	4:13
17/06/2007	31st Anniversary Bob Cook Memorial Handicap	55	10	56:59	28	8:35		48:24	14:48	5:42
24/06/2007	RetireInvest Eaglehawk to Bendigo Handicap	63	6.5	28:26	29	5:50		22:36	3:35	4:22
01/07/2007	VCCL 5km Handicap	36	5	21:30	29	4:25		17:05	2:02	4:18
08/07/2007	34th Annual Murchison Handicap	46	10	44:36	30	9:10		35:26	5:52	4:28
15/07/2007	Eric Greaves Memorial Handicap	42	10	44:54	30	9:10		35:44	3:34	4:29
22/07/2007	Hash House Harriers HHH Handicap	40	8	35:23	31	7:45		27:38	3:07	4:25
29/07/2007	Independent Signs Handicap	38	10	47:38	31	9:30		38:08	5:18	4:46
05/08/2007	VCCL John Cleland Handicap	39	8	34:52	31	7:45		27:07	3:22	4:22
12/08/2007	George Perdon Handicap	36	16.09	1:17:11	31	15:30		1:01:41	9:58	4:48
19/08/2007	Pinnacle Print Group Handicap	34	8	36:28	32	8:00		28:28	2:33	4:34
09/09/2007	16th Annual VCCL Social Club Handicap	44	6.5	30:32	32	6:25		24:07	3:36	4:42
16/09/2007	42nd Annual Norm Charles Handicap	38	10	46:23	32	9:45		36:38	5:04	4:38
23/09/2007	President's Handicap	35	6.5	30:05	32	6:25		23:40	2:47	4:38
30/09/2007	Westgate Bridge Memorial Handicap	43	5	27:03	32	4:50		22:13	8:04	5:25
06/04/2008	Fred Grubb Memorial Handicap	57	6.5	31:36	32	6:25		25:11	4:58	4:52
13/04/2008	Moran Stable Handicap	42	5	22:30	32	4:50		17:40	2:12	4:30
20/04/2008	Rendina Family Handicap	46	8	37:24	32	8:00		29:24	4:36	4:41
27/04/2008	Helmut & Maija Prentler Handicap	33	8	35:37	33	8:15		27:22	2:58	4:27
04/05/2008	17th Annual Social Club Handicap	37	6.5	30:03	33	6:35		23:28	2:23	4:37
18/05/2008	Combined VCCL/GCCC Handicap	27	10	45:02	33	10:05		34:57	3:46	4:30
25/05/2008	Caruana Cross Country Classic	60	8	37:28	33	8:15		29:13	5:11	4:41
01/06/2008	VCCL Ted Paulin Handicap	48	8	35:47	34	8:30		27:17	3:01	4:28
07/06/2008	Boutique FPS Handicap	20	5	21:06	34	5:10		15:56	1:04	4:13
15/06/2008	32nd Annual Bob Cook Memorial Sealed Handicap	24	10	48:34	34	10:25		38:09	4:44	4:51
22/06/2008	Retire Invest Eaglehawk to Bendigo	36	6.5	28:24	34	6:50		21:34	2:07	4:22
29/06/2008	Hash House Harriers HHH Handicap	25	8	35:32	34	8:30		27:02	2:29	4:27
06/07/2008	VCCL 5km Handicap	18	5	22:11	35	5:20		16:51	1:03	4:26
13/07/2008	35th Annual Murchison Handicap	31	10	45:40	35	10:40		35:00	4:00	4:34
20/07/2008	Eric Greaves Memorial Handicap	36	10	46:35	35	10:40		35:55	3:59	4:40
03/08/2008	43rd Annual Norm Charles Handicap	32	10	44:36	35	10:40		33:56	2:52	4:28
10/08/2008	Pinnacle Print Group Handicap	13	8	37:40	35	8:45		28:55	1:26	4:43
17/08/2008	George Perdon Handicap	32	16.09	1:14:40	35	17:30		57:10	6:36	4:38
24/08/2008	VCCL 75th Anniversary Classic Handicap	13	6.5	27:47	35	7:00		20:47	0:46	4:16
31/08/2008	Independant Signs Handicap	24	10	46:20	35	10:40		35:40	3:02	4:38
14/09/2008	Westgate Bridge Memorial Handicap	46	5	24:46	35	5:20		19:26	4:35	4:57
21/09/2008	President's Handicap	43	6.5	32:34	36	7:10		25:24	4:53	5:01
26/04/2009	Fred Grubb Memorial Handicap	40	6.5	30:47	35	7:00		23:47	3:29	4:44

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Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
03/05/2009	25th Helmut & Maija Prentler 8000m Handicap	33	8	37:38	36	9:00		28:38	3:40	4:42
09/05/2009	Moran Stable Handicap	31	5	21:32	36	5:30		16:02	2:25	4:18
17/05/2009	Rendina Family Handicap	41	8	38:35	36	9:00		29:35	4:44	4:49
24/05/2009	Combined VCCL/GCCL Handicap	12	10	45:42	37	11:15		34:27	2:41	4:34
31/05/2009	Caruana Cross Country Classic	31	8	36:24	37	9:15		27:09	2:23	4:33
06/06/2009	Boutique FPS Handicap	21	5	21:53	37	5:35		16:18	0:57	4:23
14/06/2009	Hash House Harriers HHH Handicap	31	8	36:32	37	9:15		27:17	3:01	4:34
21/06/2009	18th Annual VCCL Social Club Handicap	22	6.5	29:24	37	7:25		21:59	1:49	4:31
28/06/2009	RetireInvest Eaglehawk to Bendigo Handicap	28	6.5	27:33	37	7:25		20:08	1:32	4:14
05/07/2009	33rd Anniversary Bob Cook Memorial Handicap	20	10	46:12	37	11:15		34:57	2:30	4:37
12/07/2009	36th Annual Murchison Handicap	48	10	47:49	38	11:35		36:14	5:49	4:47
19/07/2009	VCCL 'Ted Connell' 5k Legend Handicap	37	5	29:05	38	5:45		23:20	7:52	5:49
26/07/2009	Eric Greaves Memorial Handicap	35	10	54:54	38	11:35		43:19	11:34	5:29
02/08/2009	VCCL 'Joe Caruana' 8K Legend Handicap	43	8	41:43	38	9:30		32:13	7:32	5:13
09/08/2009	44th Annual Norm Charles Handicap	38	10	50:20	38	11:35		38:45	8:12	5:02
16/08/2009	Coburg Lake 6.5K Handicap	30	6.5	31:31	39	7:50		23:41	3:29	4:51
23/08/2009	Pinnacle Print Group Handicap	29	8	40:39	39	9:45		30:54	5:48	5:05
30/08/2009	George Perdon Handicap	24	16.09	1:20:53	39	19:30		1:01:23	9:18	5:02
05/09/2009	Westgate Bridge Memorial Handicap	24	5	23:00	39	5:55		17:05	2:01	4:36
13/09/2009	Independent Signs Handicap	17	10	48:54	39	11:55		36:59	4:17	4:53
20/09/2009	President's Handicap	31	6.5	31:15	39	7:50		23:25	3:35	4:48